

Biodynamic Association

vital soil, vital food

AGM Event: Saturday 26th September 2015

Lauriston Farm, Goldhanger, Essex, CM9 8AH

Sustainable Seeds for Sustainable Food @ 12pm

Talk by David Price from The Seed Co-operative, a new community owned initiative producing biodynamic and organic open pollinated vegetable, herb and flower seeds which are ALL truly reproducible - as nature intended



All Welcome - to part or all of the day.

**Come and enjoy the farm's produce at
the biodynamic lunch (£6)**

**Learn about biodynamic farming and
see the rare breed cattle & sheep, hens,
bees and biodiversity!**

**Get hands on with making a
biodynamic preparation for healthy soil**

FFI and to book Tel: 01453 759501 Email: office@biodynamic.org.uk



www.biodynamic.org.uk